

Personal Values Card Sort for Kids

Values are what give life meaning and purpose. Values are like a compass that point people in the direction of their best life. No two people have the same exact values. Here are a bunch of cards with different values on them. With the help of an adult, use these cards to figure out what your top values are.

Directions:

1. To begin, cut out all the cards on the dotted lines.
2. Take the cards that say “Very Important to Me”, “Important to Me” and “Not Important to Me”. Place them to form three separate piles.

1. Very Important to Me	2. Important to Me	3. Not Important to Me
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3. Take out the cards that say “Other Value” and place them to the side. Shuffle all the remaining cards.
4. Go through the cards and sort them into three different piles based on how important they are to you.
5. When you are done sorting, if there are any values that are important to you that were not in the cards, use the blank cards to add them.
6. Take the cards from the “very important” pile and pick out your top 5 values. These are your “core values”.

**Values Card Sort
for Kids**

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**IMPORTANT
TO ME**

**VERY
IMPORTANT
TO ME**

**NOT
IMPORTANT
TO ME**

being a good student

being good at sports

being good at music

being a good friend

**spending time with
family**

helping other people

being a kind person

**being good to my
sibling(s)**

**being
popular/famous**

**making my parent(s)
or family proud**

**having money or
material things**

being responsible

**relaxing or enjoying
life**

being respectful

being creative

being honest

**being someone
people can trust or
count on**

learning new skills

**having lots of
knowledge**

**working hard and
not giving up**

being organized

having fun

**being able to do
things on my own**

**being a good role
model**

**being able to forgive
people**

helping others

being good at art

**being good at
hobbies**

**accomplishing what
I set my mind to**

**being strong or in
good physical shape**

being healthy

having a career

being fair

**standing up for what
is right**

**making good
decisions / choices**

helping others

being funny / making people laugh	being accepting or understanding of others
having an open mind	being in control of my thoughts, feelings, or actions
being who I am	God / my religion
honoring my parents or ancestors	spending time in nature
helping animals	helping the environment

**feeling good about
myself**

**feeling safe and
secure**

**being a loving or
caring person**

**being generous or
giving to others**

Other value:

Other value:

Other value:

Other value:

Other value:

Other value: